



Coronavirus and how our school life has changed



There have been big changes in our lives because of coronavirus. Schools closed and we all had to stay at home. So, coronavirus has probably made your life feel really different. All these changes might make you feel scared or worried. That's OK. It's totally normal to feel like this.

We are going to:

Answer your questions about coronavirus

Tell you how to stay safe and protect other people whilst you are at school



What if I feel worried?

Lots of children are scared and worried about coronavirus. We understand this. When we feel scared, it's our body's way of telling us we need to take extra care to protect ourselves. And there are some important things we all need to do to stay safe, like washing our hands and making sure we social distance.

Feeling worried is one way our bodies remind us to do these things. So being worried is normal! But there's no need to worry too much. We want to help you understand what's going on and how you can do your bit to help. But we also want you to know that this won't last forever.

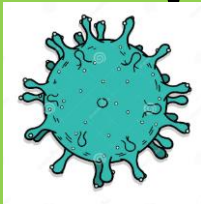
What if I feel worried?

Feeling worried is normal. Don't bottle up your feelings. Talk to an adult you trust about how you feel.

If you have a worry your class teacher is always available to listen to your concerns. If you are in school you can speak to them during the day and if you are at home you could send them a message using Class Dojo.

Tina, Nikki & Leanne are also available to help with your worries. You can send them messages on Class Dojo too, they are always happy to help.



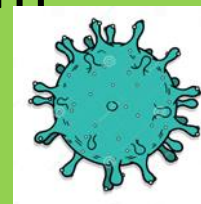


What is Coronavirus and what happens if you catch it?

Coronavirus is an illness that affects people's breathing and lungs. It can be spread from person to person by coughing or by touching surfaces or areas of skin that have been contaminated by the virus.

Children who get corona virus will usually only get a little ill, like a regular cold. Many don't get it at all. The same goes for mum and dad, if they get it. Grown-ups with healthy bodies are not likely to become very ill. But coronavirus can be dangerous to people who already have serious diseases. It can also be dangerous to those who are elderly.

That is why we must do everything we can to protect them from getting it.



How do we stop coronavirus from spreading?



The government is telling us that we need to:

Stay alert, Control the virus, Save lives



At the moment we are being told to stay at home unless we really need to go out.

We are allowed to go out **to go to school** if the government has said that your class can return.



How do we stop coronavirus from spreading?

We are allowed to go out to go **shopping for food** and medicine.



We are allowed to go out for any **medical need**, including to donate blood



How do we stop coronavirus from spreading?

We are allowed out to **exercise**. For example, a run, walk or cycle alone or with members of your household or with up to six other people from another household. Playing counts as exercise. If you are playing with equipment, you may want to clean this with soap or disinfectant when you return home. Playgrounds are still closed but some outdoor sports spaces are open such as tennis and basketball courts.



**Remember to social distance
for people who do not live in
your house.**



How do we stop coronavirus from spreading?

We all need to wash our hands often. Click the video below which shows you how to wash your hands properly.



So what is different in school?

There will not be as many children in your class and you may not be with all of your usual class mates.

Your class teachers might be different but these will be the teachers you will stay with this term and they will help you with all our learning and keep us safe.

Your classrooms will look different as all the furniture has been moved to give you all the space you need to be able to **social distance**.

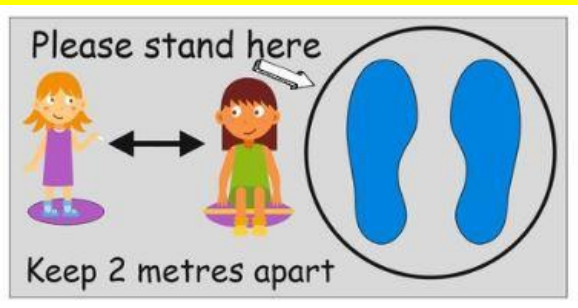
We will all, class teachers and children social distance during our lessons and when we are outside.

So what is different in school?

You will social distance when we move around the school sensibly and with our classmates.

When we are outside at playtime and lunchtime we will need to keep the rules of social distancing.

If we fall over and hurt ourselves and need First Aid the adult taking care of us may need to wear a mask and gloves, this is to keep you and themselves safe.



So what is social distancing?

Social distancing means maintaining a distance of at least 2 metres (or 3 steps or 3 big steps for younger children) between yourself and anyone who does not live in your house.

Social distancing must happen all the time when we are in school as even though we know each other well we do not live in the same house.

We understand that this will be tricky but together we can achieve it.

So what is the same in school?

All the leaders and teachers are part of the Blakesley Hall family and know each and everyone of you well.

We will still be using our PROUD point system to track good learning behaviours and will be sharing this with your families. If you do not follow the rules you will be given a warning. If your behavior does not improve you will be sent out of class to see a Senior Leader. This is to keep you and others safe.

All of the teachers and adults are here to keep you safe.

Any Questions?

