



Being a respectful and responsible Individual

Lesson 1

Title: Changing family relationships

Learning objectives:

- To be aware of how families change.
- To know roles and responsibilities within a family may change.
- That there are a range of families in society.
- To know that marriage is a legal commitment between two people.

Lesson 2

Title: Respecting differences in others

Learning objectives:

- To recognise that an action has a consequence for themselves and others.
- To consider why some groups are disadvantaged in society.
- To be able to express feelings in different ways and recognise the impact on others.
- To be aware of the importance of respect when dealing with others.

Lesson 3

Title: Challenging prejudice and discrimination

Learning objective:

- To realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours (including use of prejudice-based language, how to respond and ask for help)

Continued





Being a respectful and responsible Individual (continued)

Lesson 4

Title: Healthy and unhealthy relationships

Learning objectives:

- To understand how important it is to know your own qualities.
- To be aware and set your own boundaries and expectations.
- To reflect on the differences and similarities in different relationships.
- To know that there are qualities those are not conducive to positive relationships

Lesson 5

Title: Building resilience

Learning objective:

- To be able to recognise negative influences.

Lesson 6

Title: Growing up and Puberty

Learning objectives:

- To be aware of how body changes occur internally as well as externally
- To be aware of how the emotions change during puberty
- To know that humans, develop to old age

Lesson 7

Title: How babies are made?

THIS LESSON
IS NOT
TAUGHT AT
BLAKESLEY
HALL
PRIMARY
SCHOOL.

Non Statutory – Sex Education lesson

*NB please note that parents can withdraw child from this lesson

Learning objectives:

- To understand how a baby is made
- To know that commitment and friendship is important in a positive relationship