

June 2023

Dear Parents & Carers,

We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of living in modern Britain. That is why, from September 2020, the law required all primary age children to be taught Relationships and Health Education (RHE).



RHE will put in place the building blocks needed for children to form and maintain positive and safe relationships, including with family, friends and online.

By the end of primary school, it is compulsory for pupils to have been taught content on:

- Families and people who care for me
- Respectful relationships
- Being safe
- Internet safety and harm
- Healthy eating
- Health and prevention
- The changing adolescent body
- Caring friendships
- Online relationships
- Mental wellbeing
- physical health and fitness
- Drugs, alcohol and tobacco
- Basic first aid

YOU CAN FIND FURTHER DETAILS BY SEARCHING 'RELATIONSHIPS AND HEALTH EDUCATION' ON GOV.UK.

The above list does not include any teaching about sex education.

As part of RHE we intended to teach your child what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, the school will cover how to treat each other with kindness, consideration and respect.

In developing our policy and curriculum, the school is using the Relationships and Health Education programme that has been designed by Birmingham City Council, in partnership with Birmingham schools, as its starting point. This has been written with the aim of meeting the needs of children across the city.

You can see the overview of lessons for each year group as well lesson plans that can be found by clicking the link below:

https://www.birmingham.gov.uk/info/20014/schools_and_learning/2198/birmingham_approach_to_relationships_and_health_education_in_primary_schools

Yours sincerely

The Governing Board of Blakesley Hall Primary School